

# Benefits+YOU

THE UNIVERSITY OF MINNESOTA EMPLOYEE BENEFITS NEWSLETTER



**Open Enrollment is here, November 1-30!** It's the one time of the year when University employees can change their benefit selections and dependents without a qualifying life event. This is also when the University announces any changes to benefits and biweekly rates for the next calendar year. Choices you make during this Open Enrollment will take effect January 1, 2022.

## News

**Benefits options are staying the same for 2022.** Plan designs and carriers are staying the same as last year for all benefits: the medical and dental plan, disability coverage, and additional life insurance (including spousal and child life). Review all your Open Enrollment choices at [z.umn.edu/OpenEnrollment](https://z.umn.edu/OpenEnrollment).

**New medical plan rates.** Check the new [2022 medical rates online](#).

**The Health Savings Account (HSA) maximum change.** Employees can now contribute up to \$2,900 to an employee-only HSA or \$5,800 to a family HSA on top of the University contribution of \$750 employee-only or \$1,500 family.

**Check your benefits with Confirmation Statements!** Once you've submitted your benefits enrollment in MyU, you can check your enrollment choices by going back into the My Benefits section in MyU and clicking "Confirmation Statement". If what you see doesn't look right, you can go back into the Open Enrollment event until the last day (November 30), make changes, and submit again. New for this year—once Open Enrollment ends, you will now get a confirmation statement of your enrollment choices right to your inbox. Call or email the OHR Contact Center with any issues or questions.

**Wellbeing Program rates & Open Enrollment:** The Wellbeing Rate will be automatically applied to your [2022 medical plan rates](#) if you achieved your 2020-2021 Wellbeing Program goal of 500 or 750 points. If you add or remove a spouse on your medical insurance during Open Enrollment, your rate reduction will adjust automatically. Please call the Contact Center if you have any questions about your rates or your Wellbeing Points.

## Explore

**Visit the Virtual Benefits Fair** for videos, flyers and info sheets to download or print, and instructions for reaching out to plan experts with questions or concerns. Join the fair from November 1–30, 24/7 at [z.umn.edu/VirtualBenefitsFair](https://z.umn.edu/VirtualBenefitsFair).

## Join

**Enroll on [MyU](#) by November 30!**

**Questions?** You can get your benefits questions answered by calling the OHR Contact Center at 612-624-8647 or 1-800-756-2363 and selecting option 1; or by emailing to [benefits@umn.edu](mailto:benefits@umn.edu).

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