

**F-1 and J-1 Visa Holder  
Maximum Hours per Week**

		Maximum Hours Per Week			
Week		TC and Rochester	UMD	Crookston	Morris
<b>2022-2023 Academic Year</b>					
7/4/2022	7/10/2022	No Limit*	No Limit*	No Limit*	No Limit*
7/11/2022	7/17/2022	No Limit*	No Limit*	No Limit*	No Limit*
7/18/2022	7/24/2022	No Limit*	No Limit*	No Limit*	No Limit*
7/25/2022	7/31/2022	No Limit*	No Limit*	No Limit*	No Limit*
8/1/2022	8/7/2022	No Limit	No Limit	20	No Limit
8/8/2022	8/14/2022	No Limit	No Limit	20	No Limit
8/15/2022	8/21/2022	No Limit	No Limit	20	20
8/22/2022	8/28/2022	No Limit	No Limit	20	20
8/29/2022	9/4/2022	No Limit	20	20	20
9/5/2022	9/11/2022	20	20	20	20
9/12/2022	9/18/2022	20	20	20	20
9/19/2022	9/25/2022	20	20	20	20
9/26/2022	10/2/2022	20	20	20	20
10/3/2022	10/9/2022	20	20	20	20
10/10/2022	10/16/2022	20	20	20	20
10/17/2022	10/23/2022	20	20	20	20
10/24/2022	10/30/2022	20	20	20	20
10/31/2022	11/6/2022	20	20	20	20
11/7/2022	11/13/2022	20	20	20	20
11/14/2022	11/20/2022	20	20	20	20
11/21/2022	11/27/2022	No Limit	No Limit	No Limit	No Limit
11/28/2022	12/4/2022	20	20	20	20
12/5/2022	12/11/2022	20	20	20	20
12/12/2022	12/18/2022	No Limit	No Limit	No Limit	No Limit
12/19/2022	12/25/2022	No Limit	No Limit	No Limit	No Limit
12/26/2022	1/1/2023	No Limit	No Limit	No Limit	No Limit
1/2/2023	1/8/2023	No Limit	No Limit	No Limit	No Limit
1/9/2023	1/15/2023	No Limit	20	20	20
1/16/2023	1/22/2023	20	20	20	20
1/23/2023	1/29/2023	20	20	20	20
1/30/2023	2/5/2023	20	20	20	20
2/6/2023	2/12/2023	20	20	20	20
2/13/2023	2/19/2023	20	20	20	20
2/20/2023	2/26/2023	20	20	20	20
2/27/2023	3/5/2023	20	20	20	20
3/6/2023	3/12/2023	No Limit	No Limit	20	20
3/13/2023	3/19/2023	20	20	No Limit	No Limit
3/20/2023	3/26/2023	20	20	20	20
3/27/2023	4/2/2023	20	20	20	20
4/3/2023	4/9/2023	20	20	20	20
4/10/2023	4/16/2023	20	20	20	20
4/17/2023	4/23/2023	20	20	20	20
4/24/2023	4/30/2023	20	20	20	20
5/1/2023	5/7/2023	No Limit*	20	No Limit*	20
5/8/2023	5/14/2023	No Limit*	No Limit*	No Limit*	20
5/15/2023	5/21/2023	No Limit*	No Limit*	No Limit*	No Limit*
5/22/2023	5/28/2023	No Limit*	No Limit*	No Limit*	No Limit*
5/29/2023	6/4/2023	No Limit*	No Limit*	No Limit*	No Limit*
6/5/2023	6/11/2023	No Limit*	No Limit*	No Limit*	No Limit*

\*Unless registered for summer session